



Place	Name	Nr.	Club					Res.	Innerten
1	POMBO Luis	12313	CTTVD	97	94	99	97	387	(0x)
2	FERREIRA Helder	10309	CTTVD	94	94	95	99	382	(0x)
3	ALVES Fábio	14037	RCPS	93	92	99	97	381	(0x)
4	TELES André	13587	ARDBA	95	90	99	96	380	(0x)
5	BEIRAO Nuno	14610	RCPS	93	94	93	96	376	(0x)
6	CRISTOVÃO Filipe	13926	UPVC	96	95	93	91	375	(0x)
7	RODRIGUES Luis	14038	RCPS	91	93	96	94	374	(0x)
8	REIS Manuel	14306	UPVC	90	96	94	94	374	(0x)
9	RAPOSO Manuel	5458	CMBcp	94	94	91	94	373	(0x)
10	JORGE Abilio	11870	UDCSB	94	93	93	93	373	(0x)
11	BRAVO Vitor	6477	GDRUR	97	91	92	93	373	(0x)
12	SILVA Filipe	14036	RCPS	94	92	95	92	373	(0x)
13	PEREIRA Jose	10310	CTTVD	94	91	92	95	372	(0x)
14	ROLO Joaquim	14718	RCPS	89	94	92	96	371	(0x)
15	MELO Emanuel	10810	CDCGF	93	93	93	92	371	(0x)
16	TIRANO Pedro	14097	GDRUR	90	95	96	88	369	(0x)
17	COSTA Jose	10296	CDCPSM	89	93	94	92	368	(0x)
18	GAMBOA Luis	11471	CDCPSM	92	94	91	91	368	(0x)
19	SANTOS Reinaldo	14290	CTTVD	90	93	89	92	364	(0x)
20	TEIXEIRA Leonel	9289	CDCGF	88	88	96	91	363	(0x)
21	TEIXEIRA Amaro	9290	RCPS	91	87	88	95	361	(0x)
22	RIBEIRO Gilberto	7611	ST2	94	89	90	88	361	(0x)
23	GAMITO Luis	2751	CDCPSM	90	89	89	92	360	(0x)
24	PEREIRA Carlos	730	ATPD	89	91	85	93	358	(0x)
25	BRAVO Bruno	6478	GDRUR	86	92	89	91	358	(0x)
26	PARELHO Pedro	14370	RCPS	88	92	90	87	357	(0x)
27	LEITAO Daniel	13818	ST2	88	91	88	87	354	(0x)
28	COSTA Miguel	4854	EDP	92	88	84	84	348	(0x)
29	ALONSO Jorge	10965	ATPD	86	91	91	77	345	(0x)
30	TEIXEIRA Fábio	13125	ATPD	86	90	86	82	344	(0x)
31	DUARTE Luis	12015	CDCGF	86	86	83	86	341	(0x)
32	CAZASSA Marcelo	13649	GCP	88	88	85	79	340	(0x)
33	CONCEICAO Sergio	14704	ST2	77	86	88	86	337	(0x)
34	AFONSO Paulo	2611	ST2	84	83	79	83	329	(0x)
35	OSORIO Helio	11005	CPTPP	78	84	84	75	321	(0x)
36	JARDIM Blake	14279	CPTPP	78	75	81	86	320	(0x)
37	MENDAO Gonçalo	14295	ST2	84	78	79	75	316	(0x)
38	OLIVEIRA Alvaro	598	ST2	77	80	74	77	308	(0x)
39	AGOSTINHO Gonçalo	14140	CTTVD	80	74	79	69	302	(0x)
40	COSMIN Radu	13006	ARDBA	74	66	75	80	295	(0x)
41	AGOSTINHO João	14783	CBS	75	78	67	68	288	(0x)
42	MARQUES Luis	14193	ST2	61	78	70	72	281	(0x)
43	SILVA Sergio	6558	CTTVD	65	71	69	73	278	(0x)
44	CRUZ Eduardo	1437	EDP	64	72	71	71	278	(0x)
45	MENDES Lino	12693	ST2	74	64	67	72	277	(0x)
46	ROSADO Paulo	12541	CFE	74	62	71	69	276	(0x)
47	VENTURA João	13028	CFE	69	58	74	63	264	(0x)
48	BRIZIDA Jose	14736	CFE	63	51	57	56	227	(0x)
49	VENTURA Luis	13027	CFE	59	57	42	62	220	(0x)
50	SOARES Agostinho	4937	CTTVD	30	53	57	46	186	(0x)
51	SILVA Manuel	13358	NSG	46	46	42	28	162	(0x)
	COUTO Antonio	13626	ST2	0	0	0	0	0	(0x) DNS

Campeonato Nacional 2019
CCArt HS



Place	Name	Nr.	Club					Res.	Innerten
	MARQUES Antonio	14192	ST2	0	0	0	0	0	(0x) DNS
	GIL Carlos	14693	ST2	0	0	0	0	0	(0x) DNS
	GIÃO Paulo	14854	CFE	0	0	0	0	0	(0x) DNS

Campeonato Nacional 2019
CCArt HS Equipas



Place	Team	Result
1	CTTVD	1141 (0x)
	POMBO Luis	387
	FERREIRA Helder	382
	PEREIRA Jose	372
2	RCPS	1128 (0x)
	ALVES Fábio	381
	RODRIGUES Luis	374
	SILVA Filipe	373
3	GDRUR	1100 (0x)
	BRAVO Vitor	373
	TIRANO Pedro	369
	BRAVO Bruno	358
4	CDCPSM	1096 (0x)
	COSTA Jose	368
	GAMBOA Luis	368
	GAMITO Luis	360
5	CDCGF	1075 (0x)
	MELO Emanuel	371
	TEIXEIRA Leonel	363
	DUARTE Luis	341
6	ATPD	1047 (0x)
	PEREIRA Carlos	358
	ALONSO Jorge	345
	TEIXEIRA Fábio	344
7	ST2	996 (0x)
	RIBEIRO Gilberto	361
	LEITAO Daniel	354
	MARQUES Luis	281



Place	Name	Nr.	Club					Res.	Innerten
1	VILELA Manuel	14165	ASESP	96	95	94	89	374	(0x)
2	CHURRO Antonio	3625	SCP	90	94	93	94	371	(0x)
3	PINTO Jorge	11355	CMBcp	94	91	91	94	370	(0x)
4	ROLDAO Helio	10683	ETE	93	88	93	93	367	(0x)
5	ANTUNES Antonio	10	ST2	86	94	92	91	363	(0x)
6	LUZ Carlos	11472	CDCPSM	88	94	91	90	363	(0x)
7	DUARTE Manuel	478	GDRUR	85	93	92	92	362	(0x)
8	ALEXANDRE Jose	1807	ETE	89	91	93	89	362	(0x)
9	BRAVO Rodrigo	6476	GDRUR	87	85	88	89	349	(0x)
10	FONTES Rui	11167	ATPD	86	83	86	93	348	(0x)
11	CANDEIAS José	14166	RCPS	86	86	88	88	348	(0x)
12	MACEDO Eduardo	542	ATPD	90	89	85	84	348	(0x)
13	CARVALHEIRO Sergio	13929	UPVC	85	88	85	83	341	(0x)
14	VITAL Manuel	1654	CFE	84	86	89	82	341	(0x)
15	VAZ Rui	14394	ST2	85	87	77	87	336	(0x)
16	NICOLAU Carlos	13699	RCT	79	81	87	81	328	(0x)
17	ANACLETO Jaime	8173	EDP	83	80	87	75	325	(0x)
18	GALVAO Jose	483	GDRUR	78	79	77	87	321	(0x)
19	CALHA João	14039	RCPS	76	85	77	82	320	(0x)
20	COLE John	13149	ST2	78	75	84	81	318	(0x)
21	COSTA Antonio	1436	EDP	80	81	77	80	318	(0x)
22	ESTRADA Vítor	10502	CFE	73	75	84	81	313	(0x)
23	PINA Tito	11300	ARDBA	76	76	86	74	312	(0x)
24	MARTINS Jose	142	ST2	73	76	82	80	311	(0x)
25	REIS Joao	469	ATPD	78	73	74	76	301	(0x)
26	SILVA Rogerio	10927	ATPD	75	70	74	80	299	(0x)
27	MAGRO Luis	14301	CMBcp	75	76	71	74	296	(0x)
28	CARDOSO Mário	13985	CMBcp	67	69	72	81	289	(0x)
29	DURAO Jose	14190	ST2	81	71	71	61	284	(0x)
30	ALHO Francisco	8557	CFE	67	70	67	72	276	(0x)
31	DIAS Fernando	3191	ST2	51	65	54	70	240	(0x)
32	LOUREIRO Jose	14493	ST2	64	54	48	42	208	(0x)
33	SILVA Raul	3600	ST2	75	33	45	45	198	(0x)
34	CHEN Rui	12590	CPTPP	50	26	31	32	139	(0x)
	HENRIQUES Carlos	11844	ST2	0	0	0	0	0	(0x) DNS
	DIAS Joao	12168	TAP	0	0	0	0	0	(0x) DNS
	RODRIGUES Rui	13597	CMBcp	0	0	0	0	0	(0x) DNS



Place	Team	Result
1	GDRUR	1032 (0x)
	DUARTE Manuel	362
	BRAVO Rodrigo	349
	GALVAO Jose	321
2	ST2	1017 (0x)
	ANTUNES Antonio	363
	VAZ Rui	336
	COLE John	318
3	ATPD	997 (0x)
	FONTES Rui	348
	MACEDO Eduardo	348
	REIS Joao	301

Campeonato Nacional 2019
CCArt HJ



Place	Name	Nr.	Club					Res.	Innerten
1	TIRANO Daniel	14298	GDRUR	92	93	97	95	377	(0x)
2	JORGE Pedro	13713	UDCSB	85	93	92	90	360	(0x)
3	SOARES Bernardo	14162	ST2	81	83	86	88	338	(0x)
4	POMBO Joao	14759	ST2	67	81	76	78	302	(0x)
5	MENEZES Rodrigo	15016	CPTPP	69	62	73	73	277	(0x)
6	SANTOS Salvador	14285	ST2	51	65	53	73	242	(0x)

Campeonato Nacional 2019
CCArt SS



Place	Name	Nr.	Club					Res.	Innerten
1	FERNANDES Patricia	13281	RCTV	72	68	74	69	283	(0x)
2	SIMÕES Ana	8163	CPTPP	2	0	0	0	2	(0x)
	DIAS Catarina	13063	TAP	0	0	0	0	0	(0x) DNS

Campeonato Nacional 2019
CCArt SV



Place	Name	Nr.	Club					Res.	Innerten
1	VILELA Deolinda	14167	ASESP	88	90	90	93	361	(0x)
2	MENDONCA Ana	15019	CPTPP	53	56	61	62	232	(0x)
3	ALMEIDA Lucia	13052	ST2	22	44	49	44	159	(0x)
4	DIAS Maria	9395	ST2	6	0	0	0	6	(0x) DNF

Campeonato Nacional 2019
CCArt SJ



Place	Name	Nr.	Club					Res.	Innerten
1	TIRANO Sofia	14299	GDRUR	83	93	83	91	350	(0x)
2	AFONSO Luana	12546	ST2	71	79	74	66	290	(0x)