



Place	Name	Nr.	Club					Res.	Innerten
1	BEIRAO Nuno	14610	ASESP	99	97	98	98	392	(0x)
2	FERRÃO Ricardo	13249	CTGaia	95	96	96	94	381	(0x)
3	COUTO Paulo	13743	CTGaia	92	93	97	95	377	(0x)
4	JORGE Pedro	13713	UDCSB	94	93	94	91	372	(0x)
5	PEREIRA Jose	10310	CTTVD	89	94	91	96	370	(0x)
6	PEREIRA Carlos	730	ATPD	91	95	92	92	370	(0x)
7	TEIXEIRA Amaro	9290	PCC	92	89	95	93	369	(0x)
8	SANTOS Reinaldo	14290	CTTVD	88	93	94	93	368	(0x)
9	COSTA Miguel	4854	EDP	91	93	93	91	368	(0x)
10	LOPES Pedro	14937	CTGaia	91	93	93	91	368	(0x)
11	FERREIRA Helder	10309	CTTVD	90	92	96	89	367	(0x)
12	JORGE Abilio	11870	UDCSB	89	95	89	89	362	(0x)
13	PARELHO Pedro	14370	ASESP	89	88	91	93	361	(0x)
14	ALONSO Jorge	10965	ATPD	91	90	89	90	360	(0x)
15	TEIXEIRA Fábio	13125	ATPD	90	86	89	93	358	(0x)
16	REIS Manuel	14307	UPVC	91	85	90	89	355	(0x)
17	DIAS Mario	12259	CTC	81	92	92	89	354	(0x)
18	TEIXEIRA Leonel	9289	CDCGF	86	85	89	89	349	(0x)
19	CAMILO Jorge	13904	ARDBA	83	90	92	81	346	(0x)
20	FUNCHINHO Milton	15512	ATPD	93	80	88	84	345	(0x)
21	LOMBA José	15784	ARDBA	86	84	89	85	344	(0x)
22	ROCHA Jose	13636	CTGaia	88	83	89	83	343	(0x)
23	BORGES Maximo	5090	ARDBA	81	83	83	80	327	(0x)
24	ALEXANDRE Helder	13784	CPTPP	84	83	80	80	327	(0x)
25	FERREIRA Joaquim	11539	ETE	75	83	88	74	320	(0x)
26	GONCALVES Nuno	11253	CTTVD	81	84	74	74	313	(0x)
27	AGOSTINHO Gonçalo	14140	CTTVD	75	81	70	62	288	(0x)
28	GALHANAS Miguel	14120	CPTPP	76	71	60	80	287	(0x)
29	MARTINS Alexandre	15951	CPTPP	59	67	83	73	282	(0x)
30	LOUREIRO Sergio	14538	ST2	75	62	76	66	279	(0x)
31	CASTANHEIRA João	15500	ST2	72	61	64	62	259	(0x)
32	OLIVEIRA Pedro	13575	CTFF	73	67	61	56	257	(0x)
33	BORLINHAS Nuno	15875	CPTPP	62	49	57	76	244	(0x)
34	LINO José	15667	CTCPM	40	65	50	71	226	(0x)
35	REIS Gerson	15328	RCT	55	56	57	54	222	(0x)
36	ANTONIO Octavio	16047	ARDBA	52	51	49	46	198	(0x)
37	PASSOS Carlos	13827	ST2	80	69	0	0	149	(0x)
38	CARDOSO Jorge	15152	ST2	7	0	0	0	7	(0x) DNF
	MARQUES Luis	14193	ST2	0	0	0	0	0	(0x) DNS
	ALVAREZ Pedro	14931	ST2	0	0	0	0	0	(0x) DNS
	BARREIRA Marco	15740	CBS	0	0	0	0	0	(0x) DNS



Place	Team	Result
1	CTTVD	1105 (0x)
	PEREIRA Jose	370
	SANTOS Reinaldo	368
	FERREIRA Helder	367
2	CTGaia	1092 (0x)
	FERRÃO Ricardo	381
	LOPES Pedro	368
	ROCHA Jose	343
3	ATPD	1088 (0x)
	PEREIRA Carlos	370
	ALONSO Jorge	360
	TEIXEIRA Fábio	358
4	ARDBA	1017 (0x)
	CAMILO Jorge	346
	LOMBA José	344
	BORGES Maximo	327



Place	Name	Nr.	Club					Res.	Innerten
1	ROLO Joaquim	14718	ASESP	96	95	94	96	381	(0x)
2	COSTA Jose	10296	CDCPSM	97	94	91	94	376	(0x)
3	CANDEIAS José	14166	ASESP	87	94	93	93	367	(0x)
4	VILELA Manuel	14165	ASESP	86	86	96	94	362	(0x)
5	ROLDAO Helio	10683	ADRCJSVV	89	93	89	91	362	(0x)
6	PINTO Jorge	11355	CMBcp	91	91	90	90	362	(0x)
7	ALEXANDRE Jose	1807	ACC	89	93	93	87	362	(0x)
8	CRISTOVÃO Filipe	13926	UPVC	92	89	89	91	361	(0x)
9	CERQUEIRA José	13919	UPVC	91	90	88	85	354	(0x)
10	PINA Tito	11300	ARDBA	88	86	84	89	347	(0x)
11	ROBALO Jose	358	CTTVD	81	90	89	77	337	(0x)
12	ANTUNES Antonio	10	ST2	76	84	85	91	336	(0x)
13	NICOLAU Carlos	13699	RCT	77	84	86	85	332	(0x)
14	OLIVEIRA Sérgio	14172	ACC	84	87	84	77	332	(0x)
15	MARTINS Jose	142	ST2	85	78	86	78	327	(0x)
16	COSTA Antonio	1436	EDP	80	81	79	74	314	(0x)
17	CALIXTO Cérsar	15007	ACC	71	75	82	69	297	(0x)
18	SILVA Rogerio	10927	ATPD	70	68	68	65	271	(0x)
19	HILARIO Joao	9796	CTTVD	70	60	67	62	259	(0x)
20	CURCIALEIRO Nuno	15452	ST2	73	75	57	53	258	(0x)
21	LOUREIRO Jose	14493	ST2	51	70	68	63	252	(0x)
22	SANTOS Vitor	14068	CMBcp	59	67	71	44	241	(0x)
23	AGAPITO Paulo	14361	CTTVD	46	52	57	61	216	(0x)
24	NING Li	15938	QSC	53	42	38	57	190	(0x)
	CALVINHO Mario	12705	ST2	0	0	0	0	0	(0x)
	CARVALHEIRO Sergio	13929	UPVC	0	0	0	0	0	(0x)
	VAZ Rui	14394	ST2	0	0	0	0	0	(0x)
	BRIZIDA José	14736	CFE	0	0	0	0	0	(0x)

Campeonato Nacional 2021  
CCArt HV Equipas



Place	Team	Result
1	ASESP	1110 (0x)
	ROLO Joaquim	381
	CANDEIAS José	367
	VILELA Manuel	362
2	ACC	991 (0x)
	ALEXANDRE Jose	362
	OLIVEIRA Sérgio	332
	CALIXTO César	297
3	UPVC	716 (0x)
	CRISTOVÃO Filipe	361
	CERQUEIRA José	354
	CARVALHEIRO Sergio	0 DNS

Campeonato Nacional 2021  
CCArt HJ



Place	Name	Nr.	Club					Res.	Innerten
1	FUNCHINHO Hugo	15884	ATPD	86	82	73	84	325	(0x)
2	MACHADO Ricardo	15064	STP	73	76	70	75	294	(0x)
3	MOREIRA Afonso	16046	CPTPP	13	15	44	31	103	(0x)
	MENEZES Rodrigo	15016	CPTPP	0	0	0	0	0	(0x) DNS

Campeonato Nacional 2021  
CCArt SS



Place	Name	Nr.	Club					Res.	Innerten
1	COSTA Hetyene	16039	CPTPP	48	56	58	54	216	(0x)
2	RAMOS Inês	14892	CPTPP	33	29	46	50	158	(0x)
3	MATEUS Patricia	16044	CPTPP	21	13	14	45	93	(0x)

Campeonato Nacional 2021  
CCArt SS Equipas



Place	Team	Result	
1	CPTPP	467	(0x)
	COSTA Hetyene	216	
	RAMOS Inês	158	
	MATEUS Patricia	93	

Campeonato Nacional 2021  
CCArt SV



Place	Name	Nr.	Club					Res.	Innerten
1	VILELA Deolinda	14167	ASESP	93	91	93	96	373	(0x)
2	RAPOSO Teresa	12683	CPTPP	72	62	67	78	279	(0x)
	MENDONCA Ana	15019	CPTPP	0	0	0	0	0	(0x) DNS



Campeonato Nacional 2021  
CCArt SJ



Place	Name	Nr.	Club					Res.	Innerten
1	GONÇALVES Maria	15964	CPTPP	58	70	70	66	264	(0x)
2	FALARDO Iris	15514	CPTPP	48	33	29	36	146	(0x)