



P10 - Geral				
Place	Name	Nr.	Club	Res. Innerten
1	Luís Paz	6350	acrFM	571 (17x)
2	Adelino Rocha	4562	CTF	562 (10x)
3	Daniel Rodrigues	13406	ETE	557 (11x)
4	Pedro Azevedo	3617	SSMG	548 (13x)
5	David Sampaio	14653	CTGaia	545 (5x)
6	João Costa	15082	CTF	544 (8x)
7	Adriano Vilaça	14112	CTGaia	543 (6x)
8	Jorge Rego	13965	CAPPSP	543 (5x)
9	Laura Tender	14094	acrFM	541 (8x)
10	Alfredo Silva	13315	CTF	540 (7x)
11	Vítor Cardoso	4863	STVC	531 (5x)
12	Gonçalo Carvalho	16336	CFM	525 (4x)
13	Luís Neves	15347	CFM	523 (5x)
14	Márcio Monterroso	15141	CTGaia	518 (5x)
15	José Silva	9443	CTGaia	513 (7x)
16	Diogo Mendes	15213	CTGaia	498 (4x)
17	Serafim Oliveira	14470	CTGaia	492 (1x)
18	Pedro Mendes	14490	acrFM	491 (3x)
19	Tânia Monterroso	15142	CTGaia	489 (2x)
20	Joaquim Braga	7488	CTF	485 (1x)
21	Tiago Fernandes	16793	CTGaia	479 (2x)
22	Maria Sampaio	15878	CTGaia	475 (1x)
23	Carlos Amorim	15953	CTGaia	444 (4x)
24	João Pinto	16795	CTGaia	397 (3x)
25	Sandra Mendes	15222	CTGaia	206 (0x)
26	António Freitas	12668	CTGaia	205 (0x)
27	José Oliveira	15302	CTGaia	204 (0x)
	Jorge Deira	2425	STP	DNS
	José Costa	14875	CTGaia	DNS



C10 - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	João Gomes	16450	CTGaia	444.0	(1x)
2	Diogo Lopes	16688	CTGaia	418.9	(4x)
3	Hélder Correia	15902	CTGaia	415.3	(1x)
4	Pedro Pereira	16741	CTGaia	408.8	(3x)
5	Rita Canavarro	16760	CTGaia	360.4	(0x)
6	Tânia Filipe	16695	CTGaia	265.8	(0x)
7	Ana Taveira	16794	CTGaia	249.5	(0x)
8	Mário Cardoso	231	CTGaia	241.8	(0x)
9	António Pinto	11241	CTGaia	240.1	(0x)
10	Álvaro Câmara	14662	CTGaia	239.2	(0x)
11	José Rocha	13629	CTGaia	238.2	(0x)
	Marta Silva	11383	SCP		DNS
	Nuno Esteves	12255	GCP		DNS
	António Freitas	12668	CTGaia		DNS
	Bruno Ruela	16744	CTGaia		DNS



Competitor/Team		
Place	Club	Competitor
1	CTGaia	51
2	acrFM	5
3	CTF	4
4	CFM	3
5	GCF	2
6	STVC	2
7	SCP	2
8	ATP	1
9	CAPPSP	1
10	CPTPP	1
11	ETE	1
12	GCP	1
13	SSMG	1
	Total	75



P10 - S					
Place	Name	Nr.	Club	Res.	Innerten
1	Laura Tender	14094	acrFM	541	(8x)
2	Tânia Monterroso	15142	CTGaia	489	(2x)
3	Sandra Mendes	15222	CTGaia	206	(0x)

P10 - H					
Place	Name	Nr.	Club	Res.	Innerten
1	Luís Paz	6350	acrFM	571	(17x)
2	Adelino Rocha	4562	CTF	562	(10x)
3	Daniel Rodrigues	13406	ETE	557	(11x)
4	Pedro Azevedo	3617	SSMG	548	(13x)
5	David Sampaio	14653	CTGaia	545	(5x)
6	João Costa	15082	CTF	544	(8x)
7	Adriano Vilaça	14112	CTGaia	543	(6x)
8	Jorge Rego	13965	CAPPSP	543	(5x)
9	Alfredo Silva	13315	CTF	540	(7x)
10	Vítor Cardoso	4863	STVC	531	(5x)
11	Gonçalo Carvalho	16336	CFM	525	(4x)
12	Luís Neves	15347	CFM	523	(5x)
13	Márcio Monterroso	15141	CTGaia	518	(5x)
14	José Silva	9443	CTGaia	513	(7x)
15	Serafim Oliveira	14470	CTGaia	492	(1x)
16	Pedro Mendes	14490	acrFM	491	(3x)
17	Joaquim Braga	7488	CTF	485	(1x)
18	Tiago Fernandes	16793	CTGaia	479	(2x)
19	Carlos Amorim	15953	CTGaia	444	(4x)
20	João Pinto	16795	CTGaia	397	(3x)
21	António Freitas	12668	CTGaia	205	(0x)
22	José Oliveira	15302	CTGaia	204	(0x)

P10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Maria Sampaio	15878	CTGaia	475	(1x)

P10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Diogo Mendes	15213	CTGaia	498	(4x)



C10 - S					
Place	Name	Nr.	Club	Res.	Innerten
1	Rita Canavarro	16760	CTGaia	360.4	(0x)
2	Tânia Filipe	16695	CTGaia	265.8	(0x)
3	Ana Taveira	16794	CTGaia	249.5	(0x)

C10 - H					
Place	Name	Nr.	Club	Res.	Innerten
1	Hélder Correia	15902	CTGaia	415.3	(1x)
2	Pedro Pereira	16741	CTGaia	408.8	(3x)
3	Mário Cardoso	231	CTGaia	241.8	(0x)
4	António Pinto	11241	CTGaia	240.1	(0x)
5	Álvaro Câmara	14662	CTGaia	239.2	(0x)
6	José Rocha	13629	CTGaia	238.2	(0x)

C10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten

C10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten
1	João Gomes	16450	CTGaia	444.0	(1x)
2	Diogo Lopes	16688	CTGaia	418.9	(4x)