



P10 - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	Domingos Moreira	7139	SCP	569	(10x)
2	Daniel Rodrigues	13406	ETE	567	(10x)
3	Fernando Ferreira	15642	CFM	565	(16x)
4	Alfredo Silva	13315	CTF	565	(13x)
5	Luís Neves	15347	CFM	550	(8x)
6	David Sampaio	14653	CTGaia	545	(12x)
7	Adriano Vilaça	14112	CTGaia	544	(9x)
8	Gonçalo Carvalho	16336	CFM	533	(8x)
9	Joel Carvalheiro	11912	CTF	516	(2x)
10	José Silva	9443	CTGaia	509	(3x)
11	Tiago Fernandes	16793	CTGaia	488	(5x)
12	Maria Sampaio	15878	CTGaia	452	(1x)
13	José Fontes	16914	CTGaia	429	(1x)
14	João Pinto	16795	CTGaia	426	(0x)
	Jorge Rego	13965	CAPPSP		DNS
	Jorge Deira	2425	acrFM		DNS



C10 - Geral					
Place	Name	Nr.	Club	Res.	Innerten
1	Pedro Oliveira	10705	CTGaia	589.4	(17x)
2	Paulo Couto	13743	CTGaia	585.6	(16x)
3	Sónia Silva	12400	ETE	569.1	(15x)
4	Bruna Ramos	15557	CTGaia	559.3	(10x)
5	Luís Ramos	14940	CTGaia	546.6	(7x)
6	João Gomes	16450	CTGaia	511.5	(6x)
7	Rita Canavarro	16760	CTGaia	328.0	(0x)



P10 - S					
Place	Name	Nr.	Club	Res.	Innerten

P10 - H					
Place	Name	Nr.	Club	Res.	Innerten
1	Domingos Moreira	7139	SCP	569	(10x)
2	Daniel Rodrigues	13406	ETE	567	(10x)
3	Fernando Ferreira	15642	CFM	565	(16x)
4	Alfredo Silva	13315	CTF	565	(13x)
5	Luís Neves	15347	CFM	550	(8x)
6	David Sampaio	14653	CTGaia	545	(12x)
7	Adriano Vilaça	14112	CTGaia	544	(9x)
8	Gonçalo Carvalho	16336	CFM	533	(8x)
9	Joel Carneiro	11912	CTF	516	(2x)
10	José Silva	9443	CTGaia	509	(3x)
11	Tiago Fernandes	16793	CTGaia	488	(5x)
12	José Fontes	16914	CTGaia	429	(1x)
13	João Pinto	16795	CTGaia	426	(0x)
	Jorge Rego	13965	CAPPSP		DNS
	Jorge Deira	2425	acrFM		DNS

P10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Maria Sampaio	15878	CTGaia	452	(1x)

P10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten



C10 - S					
Place	Name	Nr.	Club	Res.	Innerten
1	Sónia Silva	12400	ETE	569.1	(15x)
2	Rita Canavarro	16760	CTGaia	328.0	(0x)

C10 - H					
Place	Name	Nr.	Club	Res.	Innerten
1	Pedro Oliveira	10705	CTGaia	589.4	(17x)
2	Paulo Couto	13743	CTGaia	585.6	(16x)
3	Luís Ramos	14940	CTGaia	546.6	(7x)

C10 - SJ					
Place	Name	Nr.	Club	Res.	Innerten
1	Bruna Ramos	15557	CTGaia	559.3	(10x)

C10 - HJ					
Place	Name	Nr.	Club	Res.	Innerten
1	João Gomes	16450	CTGaia	511.5	(6x)